



NEXT LEVEL
MONEY
MANIFESTATION
PROMPTS



NEXT LEVEL MONEY

MANIFESTATION MASTERCLASS JOURNAL PROMPTS

Minimum Money Set Point

What was the lowest point you've reached when it comes to money? Not enough money to pay for groceries? Collections calls? Racked up credit cards?

Did you stay at that level long?

Are you still at that level?

Does/did that level of lack feel normal to you? Did it become normal?

What part of you allowed that to be accepted. What beliefs did/do you have that supported that?

What part of you didn't allow yourself to accept that? What beliefs supported that?

What is a financial level you could you not imagine something far worse than that? Homeless? Creditors? Bankruptcy?

What part of that feels totally unacceptable and "never going to happen" to you?

Is there a level of comfortable you've been at before that is higher than where you are now that you can get into the feeling of again?

What new minimum money set point will you apply that level of unavailability to?

Set the intention that you are no longer energetically available for less than X.

Maximum Money Set Point

What's the most amount of money you've made in a month? In a year?

Could you imagine making double that? Triple that? 10X that?

How would that feel?

What part of it feels ridiculous? What are the exact thoughts and beliefs that are coming up around that amount?

How would it feel if someone just handed you that amount right now, no strings attached?

What if it came through your work or business? Does that feel different?

Figure out what the limiting beliefs are around these larger scale amounts.

What obligations would you feel? What fears would you have? What insecurities?

Does it feel safe to have that much money?

What judgements would you impose on yourself? What judgements would you fear from others.

What new intentions do you want to set for blowing this old max set point out of the water? We want this number to be a stretch out of your comfort zone but still a number you can get behind. One you can be all in on.

Depending on your situation it may feel best to set this as a monthly figure, a yearly figure, maybe even a weekly or daily amount.

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If you knew with absolute certainty that you are reaching this new elevated, next level, minimum and maximum set point around money what would you do? How would you behave? Who would you be? Start listing all of the things this new version of you would do.

Look at everything you've listed. What would happen if you started doing these things now? What if you started living as that person now. Making decisions as that person now?

ACT AS IF

What would \$10K a month (your name) do? What would \$100K a month (your name) do?

All of this gives you more targeted ammunition for diving into your mindset exercises, your manifestation journaling and other Solidify It activities, and affirmation creation. The more you dig into the specific things that come up for you and trigger you around your minimum and max set points around money then you can use your manifestation habit practice to really hone in and start raising BOTH your minimum and maximum set points. This allows you to continue calling in more and more abundance and creating more consistency and balance in remaining at a higher vibration when it comes to money and no longer having those dips that you used to have.

AFFIRMATIONS

- I am so happy and grateful that I
- I am so blessed and abundant to have
- It is safe to receive.
- I am worthy of having all my desires met and more.
- There is always more than enough.
- Every day it gets better and better