

The background of the cover features several large, detailed line drawings of flowers, likely carnations, in a light purple or lavender color. These drawings are scattered across the page, with some partially overlapping the white text box. The overall aesthetic is clean and elegant.

# MAGNETIC GOALS METHOD

WORKBOOK

What is the goal you want to focus on achieving for the purpose of this workshop?

Does this goal align with what you uncovered in your Identity Workbook?

Does this goal align with what you uncovered in your Business Visioning Workbook?

If no... revisit your goal and make adjustments. Look at where you're compromising and why.

## Future Self/Manifestation Journaling

### TIPS

- |  |   |
|--|---|
| <ul style="list-style-type: none"><li><input type="checkbox"/> Write as if your goal has already been achieved.</li><li><input type="checkbox"/> Write about what you are doing and feeling.</li></ul> | <ul style="list-style-type: none"><li><input type="checkbox"/> Include other regular mundane daily details.</li><li><input type="checkbox"/> Sink into the feeling of experiencing it as you write,</li></ul> |
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## AFFIRMATIONS

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### QUICK TIP:

An affirmation must be present tense and stated in the first person. An affirmation must always be affirming the positive. Begin using affirmations by choosing a few short, clear statements about the things you'd like to see happen.

# NOTES

MAGNETIC GOALS METHOD WORKBOOK

A large, empty rectangular box with a thin black border, occupying the central portion of the page. It is intended for the user to write their notes.